

# Reverend Brown School

## April 2018 Lunch Menu

**NUTRITION NEWS: Eat the Colors of the Rainbow Week** Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!

**"SIDEKICKS"**

Hot Pretzel	\$1.00
Soup w/ Crackers	\$1.25
Freshly Baked Cookie	\$0.50
Fresh Fruit	\$0.75
Assorted Chips	\$0.75
Yogurt	\$1.25
Pudding	\$0.75
Water 8 oz	\$0.75
Milk	\$0.50
Fruit Juice	\$0.75
Envy 100% Sparkling Juice	\$1.50
Flavored Water	\$1.50

Student Lunch \$4.00  
 Entrée a la Carte \$3.00  
 Adult Lunch \$4.00

**ALL MAIN EVENTS AND SWAP OUTS:**

**Your Meal comes with the choice of:**  
**Fruit and Vegetable**  
**Low Fat Milk or Water**

**Maschio's Swap Outs**

**Monday:** Yogurt Parfait Meal  
**Tuesday:** Cheeseburger on a Bun  
**Wednesday:** Pizza Crunchers w/Marinara  
**Thursday:** Hot Dog on a Bun  
**Friday:** Grilled Cheese Sandwich

**Maschio's Swap Outs Available Daily**

Bagel Bag  
 Cereal Bag  
 Turkey and Cheese Sandwich  
 Chicken Nuggets with Dinner Roll  
 Chicken Caesar Salad with Dinner Roll  
 Italian Sub Sandwich



Monday	Tuesday	Wednesday	Thursday	Friday
2 	3	4	5	6
<b>Spring Recess! School Closed</b>				
9 <b>Popcorn Chicken</b> Buttered Noodles Vegetable Medley Fresh or Chilled Fruit	10 <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, &amp; Salsa</b> Rice Steamed Corn Fresh or Chilled Fruit	11 <b>Creamy Mac &amp; Cheese</b> Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	12 <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	13 <b>Villa Capri II Pizza</b> Baked Fries Freshly Prepared Garden Salad Fresh or Chilled Fruit
16 <b>Meatless Monday</b> <b>Mini Cheese Ravioli with Marinara Sauce</b> Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	17 <b>Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, &amp; Salsa</b> Steamed Corn Fresh or Chilled Fruit	18 <b>Grilled BBQ Chicken Sandwich</b> Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	19 <b>Breakfast for Lunch</b> <b>New Item!</b> <b>Cinnamon French Toast Sticks</b> Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit Strawberry Jello	20 <b>Villa Capri II Pizza</b> Baked Fries Freshly Prepared Garden Salad Fresh or Chilled Fruit
<b>Eat the Colors of the Rainbow Week</b>				
23 <b>Corn Dog Nuggets</b> Vegetarian Baked Beans Fresh Cucumber Coins Fresh or Chilled Fruit	24  <b>Philly Cheesesteak Hero</b> Oven Baked Fries Fresh or Chilled Fruit	25 <b>Pasta with Meatballs</b> Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 <b>National Pretzel Day</b> <b>Ham &amp; Cheese Melt on a Pretzel Bun</b> Emoji Fries Fresh or Chilled Fruit	27 <b>Villa Capri II Pizza</b> Baked Fries Freshly Prepared Garden Salad Fresh or Chilled Fruit
30 <b>Sweet &amp; Sour Popcorn Chicken with Rice</b> Steamed Broccoli Fresh or Chilled Fruit				

POINT OF SALE SYSTEM AT REV. BROWN SCHOOL:  
 ALL STUDENT'S WILL BE GIVEN A PIN TO ACCESS THEIR ACCOUNT.  
 Please visit PAYFORIT.NET  
 To fund your child's online lunch account. Or, you may submit a check made payable to MASCHIO'S FOOD SERVICES, INC for your child's lunch account.  
**PLEASE NOTE: NO CASH ACCEPTED**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"

Connect with us!   

**Questions or Concerns?**  
 Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
 or Call Maschio's Food Services at: 973-598-0005